



Grace Lutheran School
8537 S. Pennsylvania Avenue
Oak Creek, WI 53154



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday

No School 2

Mock Chicken Legs 3
Steamed Rice
Mixed Fruit
Green Beans

Sweet & Sassy Chicken 4
Carrots
Peaches
Pan Roll

Chic Penne 5
Spinach Salad
Oranges

Macaroni & Cheese 6
Green Beans
Pears
Pan Roll

Cheeseburger Patty 9
Whole Grain Bun
Corn
Pineapples

Taco Filling 10
Taco Shells & Salsa
Refried Beans
Peaches

Student Council 11
Dollar Days
****Order Form will be sent home at a later date****

Chicken Alfredo 12
Spinach Salad
Oranges

Meatloaf 13
Mashed Potatoes
Peaches
Breadstick

Meatball Marinara 16
Carrots
Peaches
Egg Noodles

Burrito 17
Corn Succotash
Salsa
Pineapples

Oven Fried Chicken 18
Baked Beans
Peaches
Pan Roll

Chicken & Gravy 19
Brown Rice
Peaches
Green Beans & Roll

Sloppy Joe 20
Whole Grain Bun
Baked Beans
Pineapples

Corn Dog 23
Green Beans
Applesauce

Taco Filling 24
Nacho Chips
Refried Beans
Pineapples

Cheese Pizza 25
Spinach Salad
Mixed Fruit

Chicken Patty 26
Whole Grain Bun
Broccoli
Applesauce

No School 27

Turkey Frank 30
Whole Grain Bun
Sweet Corn
Peaches

